



| MINUTES

Wednesday 2/17/2016 6:00 PM | Alzheimer's Association Central Ohio Office

Type of meeting JC Monthly Meeting

Facilitator Kristin Dahlquist

Note taker Kelly Parnell

Highlights:

2 new members!

Feb 19: BvB Fundraiser at Denmark

BvB Kickoff Raised \$900

New Volunteer Opportunity at Glenwood

Memory Day April 20

Attendees

Adam Puterbaugh

Katherine Schultz

Kelly Parnell

Maya Gosztyla

Jena Callahan

Breanna DeFrank

Hayley Jones

Elizabeth Eacker

Kaitlin Watterson

Vishnu Riasekhoran

Meghan Brouillette

Matt Garrido

Suzy Casey

James Balch

Stacey Wood

Zach McGowan

Annie Hutter

Sarah Arp

AGENDA TOPICS

6:00-6:10pm | Meet & Greet |

Discussion

New Members:

James Balch

Zach McGowan

6:10-6:15pm | Mission Moment | Maya

Discussion

Mission Moment: Research has finally proved where in the brain ALZ starts (can predict in early 30s whether someone will develop the disease)

New cancer drug (lymphoma) decreases your risk for ALZ, only preventative

Certain indigestion medication may increase your chance for ALZ (other contributing factors)

Discussion

Volunteering on Monday Feb 22 at Glenwood - 90 minutes

Glenwood will be a little activity and then social time with the residents

Second JC Volunteer Night is 4th Monday of the month

BvB Black Out Party on Friday 2/19 at Denmark on High @7pm

Memory Day April 20-meet with legislators at the State House. Sign up online. JC will still be meeting that night

Discussion

New JC Blog to be run by Kaitlin.

Sign up to contribute to the blog! Email Kaitlin.watterson@gmail.com if interested

Discussion

Advocacy

Class on how to talk to policymakers

Schedule for contacting legislators

Invite legislators to events

Directly engage legislators on social media

Volunteerism

Gardening with residents

Connecting residents to volunteer opportunities

Be a santa to a senior

Adopt a senior

Volunteer for caregivers

Awareness

Discussion

Speakers

Documentary

WOSU

Stress Management

Health Fairs

Education

Podcasts from experts

Speaker's Bureau

How you can help the cause

Take Care of your brain health

Teach professionals who interact with Alz patients through Boards

Music & memory

Recruitment & Retention

Paired events

Relationship with Jena

Social Media/PR

LinkedIn Group-Kaitlin

Suzy working on media coverage

Fundraising

Brain Games Game Show

Columbus Soup

Fundraising event for estate planning

Cedar Point

Asking workplace for matching

One large fundraiser per quarter

Charity miles: App that lets you walk/run and they donate.

Run or Walk

Discussion
\$900 raised at the kickoff
Players received a portion of the fundraising money for every happy hour that they attend
10 blondes, 4 coaches
18 blondes, 5 coaches
Referral program being implemented
Feb 19 th at Denmark, Black out Party-----Wear Black!