



| MINUTES

Wednesday 3/15/2017 6:00 PM | Alzheimer's Association Central Ohio Office

Type of meeting	JC Monthly Meeting	<u>Attendees</u>	
Facilitator	Adam Puterbaugh	Adam Puterbaugh	Matt Garrido
Note taker	Kelly Parnell	Jena Callahan	Kelly Parnell
Highlights:		Kaitlin Watterson	Hayley Mardis
1 New Member!		Katherine Schultz	James Balch
March 27-29: Alzheimer's Advocacy Forum		Maya Gosztyla	Patrick Huang
March 30: Elevator Taproom BvB Fundraiser		Brittany Hablitzel	Dan Bendig
April 21: Hip Hop BvB Fundraiser		Lindsay Collins	Michael Peacock
May 3: Wine on High BvB Fundraiser		Kirsti Osborne	Ameerah Harris
May 2: Spin BvB Fundraiser		Sarah Arp	Andrew Spurling
May 17: Member Appreciation @ Pins		Megan Brouillette	Megan Renner
June 21st: Longest Day		Chris Bosse	
June 23: BvB Draft Party			
June 24: BvB Game Day			

AGENDA TOPICS

6:00-6:05pm | Meet & Greet |

Discussion
1 New Member! Dan Bendig

6:05-6:10 | Mission Moment | Maya

Discussion
Autoimmune Disease and Alzheimer's Disease: Almost 2mm people re-hospitalized with dementia. NSAIDs have been used in prevention of Alzheimer's, lowers immune system.
Different Target for Alzheimer's: Most drugs have targeted amyloid-beta, nrf2 gene is reduced in people with Alzheimer's. If nrf2 is increased, will it reduce Alzheimer's? Drugs have had significant side effects when trying to increase nrf2, but they have tried to block an nrf2 inhibitor and it does seem to be working in fruit flies.

Discussion

Lindsay Collins: Walk coordinator, other events

Caitlin Purk: Used to be volunteer coordinator for community shelter board. Now Advocacy at the Association

Merideth Harrison: Runs 2 Walks and longest day. Longest Day is the 2nd largest signature event of the Alzheimer's Association. Have changed the rules to anytime between now and June 21st instead of only June 21st. You can find more information online. Would like to get the Junior Committee to do a group event. In previous years, we have volunteered at the Pride Festival but there are unlimited options. For the Walk, we have typically helped with recruitment as well as man a table for the JC.

Discussion

March 5-18: Marshalls is partnering with the Alzheimer's Association to solicit donations at check-out

NYT: Prolonged sleep may be early sign of dementia. Older adults who are sleeping over 9 hours per night and had not previously have increased risk for Alzheimer's and other dementias. A marker for the disease, not a cause.

Discussion

Alzheimer's Advocacy Forum in DC March 27-29. Meet with Congressmen and Senators to advocate on behalf of the Alzheimer's Association.

2014 Alzheimer's Accountability Act: NIH is now allowed to provide Congress recommendations for how much money they need in order to find a cure for Alzheimer's Disease.

The two asks this year are:

- 1) \$414 million increase in research funding per year. Goal is to have Alzheimer's cured by 2025.
- 2) PCHETA: Palliative Care and Hospice Education and Training Act. 44% of nursing homes do not offer palliative care. Without this care, patients are more likely to be hospitalized and/or die. This bill will help provide funding for proper palliative care and hospice care.

Memory Day is May 3 at the Ohio Statehouse. There is a luncheon with speaker and you have the opportunity to meet with state congressmen and state senators.

Registration: cpurk@alz.org Caitlin Purk

We met with Congresswoman Beatty's office today to thank her for her support of our Alzheimer's Association initiatives.

The Alzheimer's Impact Movement is the political arm for Alzheimer's.

Thunderclap: While we are in DC for the Alzheimer's Association, there is a Thunderclap you can sign up for that will blast out a tweet and/or Facebook post about Alzheimer's at the exact same time.

Discussion

Upcoming events in Central Ohio

What's Next, We can Help: March 16, 6-7:30pm

Alzheimer's Association and Parkinson's Collaboration Symposium: March 23, 11:30-1:30

Caregiving 101: Living with Alzheimer's Middle Stage: March 29, more dates

Central Ohio Area Agency on Aging: Meets on 2nd Tuesday of the month downtown

April 3: Buckeyes Against Alzheimer's will be hosting a week of Alzheimer's events

Discussion

First Community Village: First Wednesday of each month 6-7:30pm

Glenwood Alzheimer's Care Center: Last Monday of each month 6-7:30pm

Adam and Kelly brought the Valentine's Day cards made at the JC February meeting to the Ganzhorn Suites and passed them out to the residents. It was a hit!

Discussion

BvB is our Signature Event. Will be hosted

62 participants are signed up, up from 44 at this time last year

Raised almost \$9,000 already, almost a quarter of our yearly goal.

BVB Committee meets at 7pm after the JC meeting

Team Purple! This is a third BvB team that is for fundraising for the event without playing or coaching.

Incentive Program for hitting certain fundraising goals.

Upcoming Events

March 30: Guest Bartending Fundraiser @ Elevator Taproom on N. 4th @ 4-8pm

April 21: Hip Hop Dance Fundraiser @ Whetstone Community Center @ 6-8pm

May 4: Wine Away Alzheimer's @ Wine on High @ 6-9pm

May 21: Spin for Alzheimer's - Cycling Fundraiser @ CycleBar Easton @ Time TBD

6:50-6:51pm | Communications | Brittany

Discussion

First Membership Spotlight this month was Kirsti Osborne. Brittany will be reaching out to members to highlight a new member each month.

6:51-6:52pm | Membership Appreciation | Katherine

Discussion

Membership Appreciation Event: May 17 @ Pins @ 6-8pm

Will have food and wristbands for drinks. Pins has donated a couple of lanes.

6:52-6:54pm | Board Elections | Adam

Discussion

We changed our Board terms to match the Alzheimer's Association fiscal year. We are planning the board positions for next year, term begins July 2017. Elections will be in June, we will provide more information on this at the April meeting. Please let us know if you have any interest in a board position!

The board's contact information is on the back of this week's agenda.