



# | MINUTES

Wednesday 7/20/2016 6:00 PM | Alzheimer's Association Central Ohio Office

<b>Type of meeting</b>	JC Monthly Meeting	<u>Attendees</u>	
<b>Facilitator</b>	Kristin Dahlquist	Adam Puterbaugh	Matt Garrido
<b>Note taker</b>	Kaitlin Watterson	Jena Callahan	Brittany Hablitzel
<b>Highlights:</b>		Kaitlin Watterson	Kristin Dahlquist
3 New Members!		Katherine Schultz	Meghan Mason
BvB Raised over \$44,000!!!		Maya Gosztyla	Christina Neely
EITR Screenings: August 11 and Sept 11		Ameerah Harris	Kirsti Osborne
Casino Night: Nov 11		James Balch	Elizabeth Eacker
Hope Act Update		Suzy Quinlivan	Kristin Miller
		Katie Gabriel	Michael Peecook
		Michelle Britt	Kaitlyn Osborne
		Hayley Jones	

## AGENDA TOPICS

6:00-6:10pm | Meet & Greet |

<b>Discussion</b>
3 New Members! Katie Gabriel, Kristin Miller, Michelle Britt

6:10-6:15pm | Mission Moment | Maya

<b>Discussion</b>
<p>Mission moment: A lot of new stuff happening with Alzheimer's this month. There is a potential future vaccine for Alzheimer's. The study was done on mice with this vaccine. The mice developed high levels of antibodies to the two proteins that cause clumps in the brain leading to Alzheimer's, meaning they would be immune to the disease in the future. Link: <a href="#">A Vaccine for Alzheimer's Disease Could Be in Our Future</a></p> <p>The other big news was the MEND program or Menabolic enhancement for neuro degeneration. This is a diet and lifestyle for people who have cognitive decline and Alzheimer's. It is a very diverse program with different guidelines and includes things like eating foods high in antioxidants, getting 8 hours of sleep, fasting for 12 hours</p>

## Discussion

every night, oral hygiene. It was a very small study but very exciting. Link: [The MEND Program Shows Promise for Reversing Cognitive Decline](#)

Other news:

[A New Approach to Predicting Risk of Alzheimer's Disease](#)  
[Cannabinoids May Combat Inflammation in Alzheimer's](#)

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6:15-6:25 | BvB Recap | Jena

## Discussion

BvB recap: We ended up raising \$44,027 dollars, which is 9,027 over our original goal. The Brunettes won 40-6 and we had 230 people at the game. We raised \$1200 just at the game. BvB is looking for one co-chair for next year. If interesting, fill out application on website and send in before next meeting. Voting/elections will be at next meeting.

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6:25-6:38pm | Ganzhorn Tour |

## Discussion

Ganzhorn tour was a success! Really neat facility, we loved everything about it. Very exciting how much they want to partner with us. They want us to hang out there, have meetings there, etc.

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6:38-6:42pm | Advocacy | Hayley

## Discussion

Advocacy update: For the past couple of years, we have proposed on a federal level the Hope for Alzheimer's Act. This would enable Medicare/Medicaid dollars to pay doctors for additional time to road map your long-term care and additional services. Usually they say sorry you have ALZ, see you again in 6 months. Now, as of July 14, the centers of Medicare and Medicaid services are now proposing that it will be a new service. They're starting to implement the comprehensive care planning. Big victory for those newly diagnosed who have no idea what to do. 45% of people get diagnosed but aren't actually told by the physician. Doctors are now encouraged to communicate the diagnosis.

Mark your calendars for the next advocacy forum: march 27-29, 2017 in Washington, DC.

**Discussion**

There is an EITR screening at Cardinal Health on August 11, 2016 from 12-1:30 p.m. If you want to come, contact Kaitlin Watterson for security access.

September 11 from 5-8 – EITR screening at Strongwater. We’re hoping to have at least 150 people there. Theme is brain healthy lifestyle. Tickets are 10 dollars. We need help! We need items for swag bags and we need food options! Also need help promoting online and canvassing around Columbus. Or if you know any local companies that want to come and have a table, please contact us.

**Discussion**

Casino Night date is Nov. 11 at Worthington Hills Country club. The date and location are locked in. Will need help with auction and raffle prizes.