



| MINUTES

Wednesday 8/17/2016 6:00 PM | Alzheimer's Association Central Ohio Office

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|---|--------------------|-------------------|-------------------|
| Type of meeting | JC Monthly Meeting | <u>Attendees</u> | |
| Facilitator | Kristin Dahlquist | Adam Puterbaugh | Matt Garrido |
| Note taker | Kelly Parnell | Jena Callahan | Sarah Arp |
| Highlights: | | Kaitlin Watterson | Joe Trela |
| 2 New Members! | | Katherine Schultz | Kelly Parnell |
| August 22: Volunteer @ Glenwood | | Maya Gosztyla | Kristin Dahlquist |
| September 2: First Friday | | Annie Hutter | Christina Neely |
| September 7: Volunteer @ First Community | | Ameerah Harris | Lindsey Meggas |
| September 11: Elephants in the Room Screening | | Patrick Huang | Hayley Jones |
| September 25: Walk to End Alzheimer's | | Blake Russell | Michael Peecook |
| | | Suzy Quinlivan | Sarah Muller |
| | | Michelle Britt | Adam Muller |

AGENDA TOPICS

6:00-6:10pm | Meet & Greet |

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| Discussion |
| 2 New Members! Adam & Sarah Muller |

6:15-6:20pm | Upcoming Events | Kristin

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| Discussion |
| August 22: Volunteering @ Glenwood |
| September 2: First Friday @ 11:30am at the Association, <i>Are Your Documents in Order?</i> |
| September 7: Volunteering @ First Community Village |
| September 11: Elephants in the Room Screening @ Strongwater |
| September 25: Walk to End Alzheimer's, Join the JC Team! |

Discussion

Alzheimer's Association International Conference was this month

Mental Stimulation: reduces risk of dementia and can help overcome poor diet

New Stage of Alzheimer's Disease: Mild Behavioral Impairment, may lead to earlier diagnoses

1 in 7 hospitalizations from Alzheimer's are preventable

Tau clinical trials failed

Men are more commonly misdiagnosed than women

Pain reliever prescribed for women

Microglia in ALZ patients are dark and shriveled

<https://alzscience.wordpress.com/2016/07/29/research-highlights-from-the-alzheimers-association-international-conference/>

<https://alzscience.wordpress.com/2016/08/15/menstrual-pain-relievers-may-protect-from-alzheimers-disease/>

<https://alzscience.wordpress.com/2016/08/02/dark-microglia-strange-brain-cells-with-a-connection-to-alzheimers-disease/>

Discussion

November 11: Casino Night @ 7pm

\$50 per ticket

Get chips and food, use winning chips for raffle tickets

Worthington Hills Country Club

Need help promoting event, raffle prizes, silent auction items

Adam will be working with the Special Events Committee, please reach out to Adam if you would like to help

Sponsor packet provided

Blake will provide previous sponsor list

Discussion

Took Glenwood residents to a Car Show

Discussion

2 monthly volunteering opportunities: First Wednesday (First Community) and Last Monday (Glenwood) of Each Month

6:35-6:37pm | Gala |

Discussion

The Association will be offering discounted tickets to JC members for the ALZ Gala

6:37-6:40pm | Easton | Katherine

Discussion

Going to work with the Association to apply for parking meter donations, also get booth in main visitor center
Inviting YP Red Cross to documentary screening

6:40-6:42pm | Documentary Screenings | Adam

Discussion

Adam spoke at the Evening of Inspiration about the documentary and showed 8 minute extended trailer
Colleen Marshall said she would like to do something for us to help with the documentary
Lunch and Learn at Cardinal Health, screened the documentary at Cardinal Health

6:42-6:43pm | Media | Suzy

Discussion

Columbus Dispatch: Will be doing an article about young professional groups working for non-profits
Columbus Monthly: Doing a story on Nora and her dad, coming out around December

6:43-6:50pm | BvB Co-Chair Election |

Discussion

Share what you do with the Association with friends, family, and coworkers! Nobody knows that you are an available resource unless you tell them.

Discussion

\$10 + beer ticket, \$15 at the door, \$VIP ticket comes with swag, All include yoga class

5:00-5:45 Yoga

5:45-7:20 Drink/Network

7:20-8:00 Film

Spent \$625 on Strongwater venue

\$750 bar tab minimum

Need an MC

Food: Adam reaching out to food trucks, Need to have food on-site because it is an alcoholic event

30 \$20 VIP Bags: Looking for donations for swag bags