



| MINUTES

Wednesday 9/21/2016 6:00 PM | Roosevelt Coffee House

Type of meeting	JC Monthly Meeting	<u>Attendees</u>	
Facilitator	Kristin Dahlquist	Adam Puterbaugh	Matt Garrido
Note taker	Kelly Parnell	Jena Callahan	Joe Trela
Highlights:		Kaitlin Watterson	Kelly Parnell
1 New Member!		Katherine Schultz	Kristin Dahlquist
Sept 26: Volunteer @ Glenwood @ 6		Maya Gosztyla	Hayley Jones
Oct 5: Volunteer @ First Community @ 6		Brittany Hablitzel	Andrew Huffman
September 25: Walk to End Alzheimer's		Matt Levering	James Balch
November 11: Casino Night		Katie Gabriel	Laura Catalogna
November 4: Association Gala		Lindsey Collins	Patrick Huang
		Lauren Sloan	

AGENDA TOPICS

6:00-6:10pm | Meet & Greet |

Discussion
1 New Members!

6:10-6:20 | Mission Moment | Maya

Discussion
<p>Calcium Supplements and dementia? Women in Sweden studied, vascular dementia higher in those who took calcium supplements, but 20% less risk of bone fracture. However, they did not monitor regular nutritional calcium intake.</p> <p>Immune system overactive. IL33 gene inactive in those with ALZ. Studied mice injected with IL 22 protein. Going to try to get a clinical trial.</p> <p>Drug in clinical trials, been in the news lately. Boosts immune system to clear out the toxins in the brain. Tested humans. 125 subjects. Lower levels of amyloid-beta and scored better on cognitive tests. Did not reverse, just slowed down. Side effects led to 25% of people withdrawing from study, 41% got micro-hemorrhaging in the brain. Passed Phase I trial, on to Phase 2 and 3.</p>

Discussion

Special Events-Creative, detail oriented, planner
Community Outreach-Networking and connecting with other young professional groups
Education & Advocacy-Focus more on advocacy, ALZ forum in DC, meet with local representatives
Volunteering-2 monthly volunteer opportunities and other special events, work with BESA
Communications-Website, E-mail, Social Media, Advertisements, Blog
Blondes vs. Brunettes-Flag football fundraiser, Last Saturday in June
Secretary-4 events and 1 meeting every 6 months, Sign in!!!

Discussion

Wine Night Fundraiser in the spring
Wine on High in Short North.
Working with Brian Bainbridge. Roll into a BvB fundraiser. Late March/end of April
Casino Night @ Worthington Hills Country Club
November 11, 7pm
Will have a smaller special events committee
Need donations for the raffle, there is a spreadsheet available to see what we need and what we have asked for
Walk to End Alzheimer's @ Huntington Park
September 25 @ 2, JC will be there at 11am
Please join our team or come to volunteer!
Alzheimer's Association Central Ohio Gala @ Hollywood Casino
November 4, discounted tickets for JC members
Contact Matt Levering, Paint the Night Purple
Link to discounted tickets is on our website

Discussion

The Yoga and screening event went really well.
Brain healthy themed cocktails

Discussion

Most attendees were non-JC members
10TV came out, Columbus Underground had an article
Made money!!!!
Would like to do another screening in the spring.

6:35-6:37pm | Staff Updates |

Discussion

Molly Vogel has left, hiring a Communications & Marketing Person
Jennifer Segal has left, hiring a new Development Person for the Longest Day and some rural community walks
Merideth is leaving the chapter to go to Ohio Department of Aging

6:37-6:43pm | Budget | Kristin

Discussion

\$8,900 budget this year, have spent \$2,200 and want to raise \$46,000
Inviting YP Red Cross to documentary screening

6:43-6:45pm | Communications Chair |

Discussion

Brittany Hablitzel!!!! All current members affirmed.

6:43-6:48pm | Buckeyes Against Alzheimer's | Maya

Discussion

Looking for people to come speak about Alzheimer's, the JC, etc.