



Meeting Minutes

Junior Committee Meeting
January 18th, 2017 | 6:00 PM
Alzheimer's Association, Central Ohio Chapter

Facilitator: Adam Puterbaugh

Notetaker: Brittany Hablitzel

Attendance:

| | |
|--------------------|-----------------|
| Adam Puterbaugh | Lindsay Meggas |
| Andrew Spurling | Maya Gosztyla |
| Brittany Hablitzel | Meghan Mason |
| Christina Neely | Michael Peecook |
| James Balch | Nick Walstra |
| Jena Callahan | Patrick Beebe |
| Joe Trela | Patrick Huang |
| Josh Barkan | Sarah Arp |
| Kaitlin Watterson | Suzu Quinlivan |
| Kirsti Osborne | Tim Allen |

Introductions - 6:00 - 6:10 PM

1. Name
2. How long you've been involved with the Junior Committee
3. "What was the first concert you ever went to?" or "As a child, what did you want to be when you grew up?"

Mission Moment with Maya - 6:10 - 6:15 PM

Maya Gosztyla

1. [Living Near Busy Roads Associated with Increased Dementia Risk](#)
2. [An Often-Ignored Type of Brain Cell May Be the Key to Aging](#)

For more of Maya's research regarding Alzheimer's, please visit her website: alzscience.wordpress.com

Alzheimer's Association, Central Ohio Chapter - Updates - 6:15 - 6:20 PM

Lindsay Collins & Kirsti Osborne

1. Staff Changes - New Staff Member: Meredith; will be Lindsay's counterpart and will manage the Perry & Marion Co. Walks
2. [Volunteer Information Session: Columbus Walk on January 24th](#)
3. "Alzheimer's: Every Minute Counts" Wednesday, January 25 at 10 p.m. on local PBS channel WOSU Public Media.

Education Opportunities Available through the Association

1. "What's Next We Can Help": Basics about the disease, etc.
 - a. February 16th - 1 - 2:30 PM
2. "Journey's Program": Educational & Support Group for care partner & person with early stages of alz. 7 week program
 - a. each Thursday from 1 to 3 p.m. from February 23 - April 6



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Guest Speakers - 6:20 PM

Adam Puterbaugh

1. We would like to start having guest speakers, people in the community, etc.
2. Reach out to [Adam Puterbaugh](#) if you have anyone who would be interested

Casino Night Recap - 6:22 PM

Adam Puterbaugh

1. \$5,921 raised
2. Thank you to all attendees & volunteers who came

Alzheimer's Disease in the News - 6:24 PM

Adam Puterbaugh

1. Portion of the website that alz.org/care for resources about financial planning, tax deductions, etc.
2. There's an [Infiniti Coaches Charity Challenge](#) happening right now
 - a. NCAA coaches pick a charity to donate to & people vote for their choice
 - b. [Maryland's Coach Turgeon](#) has pledged to donate to the Alzheimer's Association

The Longest Day - 6:26 PM

Adam Puterbaugh

1. Would we want to create a team to participate this year?
2. Ideas of how we would like to participate
3. If you are interested in participating, email [Adam Puterbaugh](#)

Volunteer Opportunities - 6:28 PM

Adam Puterbaugh

Upcoming Dates:

1. First Community Village
 - a. Wednesday, February 1st, 6 PM – 7:30 PM - 1800 Riverside Drive, Columbus, OH 43212
2. Glenwood Alzheimer's Special Care Center
 - a. Monday, January 23rd, 6 – 7:30 PM - 6355 Emerald Pkwy, Dublin, OH 43016



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Education & Advocacy Updates - 6:30 PM

Adam Puterbaugh

Advocacy Forum 2017 Planning – March 27-29; Washington DC

1. Forum where you advocate for Alzheimer's Association, research, etc. The first day, they educate & teach you how to make a pitch to your congress person. Prior year attendee's highly recommend attending.
2. Possible Scholarships
 - a. Association Scholarship: \$175
 - b. DFD Scholarship: \$175 minimum - scholarship application due on the 20th

Memory Day

1. May 3rd at the Ohio Statehouse
2. Local advocacy event
3. Lunch, speakers, meeting with the representatives

Blondes vs. Brunettes Updates - 6:35 - 6:45 PM

Jena Callahan & Kaitlin Watterson

1. BvB Meeting tonight, 7:00 - 8:00 PM
1. Explanation of BVB for new members
2. BVB Registration Week: January 20th-27th
3. BvB Upcoming Events/Fundraisers
 - a. **BVB Participant Registration** - January 20 | Online at BVBColumbus.com
 - b. **Kickoff Party** - January 21 @6-8PM | Classic Victory's (Brewery District)
 - i. \$10 entry fee donated back to BVB
 - b. **Kendra Gives Back Fundraiser** - February 4 @4-7PM | Kendra Scott at Easton - 20% donated to BVB
 - c. **SAVE THE DATE! Warriors Against Alzheimer's** - Hot Yoga Fundraiser - February 26, 1:30-2:30P | Modo Yoga Columbus - \$15 fee - open for sign-ups
 - d. **SAVE THE DATE! Dance Away Alzheimer's** - Hip Hop Dance Fundraiser March 31, 6-8P | location TBD
 - e. **SAVE THE DATE! Wine Away Alzheimer's** - May 4, 6-9P | Wine On High
 - i. In need of Raffle Items, if you can get any donations, please let Sarah, Kaitlin or Jena know.
 - f. **SAVE THE DATE! Spin for Alzheimer's** - Cycle class May 21, Time is TBD | CycleBar Easton
 - g. **SAVE THE DATE! BVB Game Day** - June 24th - 5:00 PM



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Communications Updates - 6:50 - 6:55 PM

Brittany Hablitzel

1. "Meet The JC" Survey
 - a. Would like to do Member Spotlights once or twice a month; interview or Q&A with members so that we can post it to the blog, social media sites.
2. Blog Ideas
 - a. Advocacy Forum 2016 - If anyone is interested in sharing their past experiences from the Forum in 2016 or before, through Q&A.
3. Please email [Brittany Hablitzel](mailto:Brittany.Hablitzel@alz.org) if you are interested in doing either of the blogs.

Vision/Goal for 2017 - 6:55 - 7:00 PM

Adam Puterbaugh

1. Each member answered "What would you like to see the JC accomplish in 2017?"