



Meeting Minutes

Junior Committee Meeting
January 18th, 2017 | 6:00 PM
Alzheimer's Association, Central Ohio Chapter

Facilitator: Adam Puterbaugh

Notetaker: Brittany Hablitzel

Attendance:

Adam Puterbaugh	Lindsay Meggas
Andrew Spurling	Maya Gosztyla
Brittany Hablitzel	Meghan Mason
Christina Neely	Michael Peecook
James Balch	Nick Walstra
Jena Callahan	Patrick Beebe
Joe Trela	Patrick Huang
Josh Barkan	Sarah Arp
Kaitlin Watterson	Suzu Quinlivan
Kirsti Osborne	Tim Allen

Introductions - 6:00 - 6:10 PM

1. Name
2. How long you've been involved with the Junior Committee
3. "What was the first concert you ever went to?" or "As a child, what did you want to be when you grew up?"

Mission Moment with Maya - 6:10 - 6:15 PM

Maya Gosztyla

1. [Living Near Busy Roads Associated with Increased Dementia Risk](#)
2. [An Often-Ignored Type of Brain Cell May Be the Key to Aging](#)

For more of Maya's research regarding Alzheimer's, please visit her website: alzscience.wordpress.com

Alzheimer's Association, Central Ohio Chapter - Updates - 6:15 - 6:20 PM

Lindsay Collins & Kirsti Osborne

1. Staff Changes - New Staff Member: Meredith; will be Lindsay's counterpart and will manage the Perry & Marion Co. Walks
2. [Volunteer Information Session: Columbus Walk on January 24th](#)
3. "Alzheimer's: Every Minute Counts" Wednesday, January 25 at 10 p.m. on local PBS channel WOSU Public Media.

Education Opportunities Available through the Association

1. "What's Next We Can Help": Basics about the disease, etc.
 - a. February 16th - 1 - 2:30 PM
2. "Journey's Program": Educational & Support Group for care partner & person with early stages of alz. 7 week program
 - a. each Thursday from 1 to 3 p.m. from February 23 - April 6



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Guest Speakers - 6:20 PM

Adam Puterbaugh

1. We would like to start having guest speakers, people in the community, etc.
2. Reach out to [Adam Puterbaugh](#) if you have anyone who would be interested

Casino Night Recap - 6:22 PM

Adam Puterbaugh

1. \$5,921 raised
2. Thank you to all attendees & volunteers who came

Alzheimer's Disease in the News - 6:24 PM

Adam Puterbaugh

1. Portion of the website that alz.org/care for resources about financial planning, tax deductions, etc.
2. There's an [Infiniti Coaches Charity Challenge](#) happening right now
 - a. NCAA coaches pick a charity to donate to & people vote for their choice
 - b. [Maryland's Coach Turgeon](#) has pledged to donate to the Alzheimer's Association

The Longest Day - 6:26 PM

Adam Puterbaugh

1. Would we want to create a team to participate this year?
2. Ideas of how we would like to participate
3. If you are interested in participating, email [Adam Puterbaugh](#)

Volunteer Opportunities - 6:28 PM

Adam Puterbaugh

Upcoming Dates:

1. First Community Village
 - a. Wednesday, February 1st, 6 PM – 7:30 PM - 1800 Riverside Drive, Columbus, OH 43212
2. Glenwood Alzheimer's Special Care Center
 - a. Monday, January 23rd, 6 – 7:30 PM - 6355 Emerald Pkwy, Dublin, OH 43016



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Education & Advocacy Updates - 6:30 PM

Adam Puterbaugh

Advocacy Forum 2017 Planning – March 27-29; Washington DC

1. Forum where you advocate for Alzheimer's Association, research, etc. The first day, they educate & teach you how to make a pitch to your congress person. Prior year attendee's highly recommend attending.
2. Possible Scholarships
 - a. Association Scholarship: \$175
 - b. DFD Scholarship: \$175 minimum - scholarship application due on the 20th

Memory Day

1. May 3rd at the Ohio Statehouse
2. Local advocacy event
3. Lunch, speakers, meeting with the representatives

Blondes vs. Brunettes Updates - 6:35 - 6:45 PM

Jena Callahan & Kaitlin Watterson

1. BvB Meeting tonight, 7:00 - 8:00 PM
1. Explanation of BVB for new members
2. BVB Registration Week: January 20th-27th
3. BvB Upcoming Events/Fundraisers
 - a. **BVB Participant Registration** - January 20 | Online at BVBColumbus.com
 - b. **Kickoff Party** - January 21 @6-8PM | Classic Victory's (Brewery District)
 - i. \$10 entry fee donated back to BVB
 - b. **Kendra Gives Back Fundraiser** - February 4 @4-7PM | Kendra Scott at Easton - 20% donated to BVB
 - c. **SAVE THE DATE! Warriors Against Alzheimer's** - Hot Yoga Fundraiser - February 26, 1:30-2:30P | Modo Yoga Columbus - \$15 fee - open for sign-ups
 - d. **SAVE THE DATE! Dance Away Alzheimer's** - Hip Hop Dance Fundraiser March 31, 6-8P | location TBD
 - e. **SAVE THE DATE! Wine Away Alzheimer's** - May 4, 6-9P | Wine On High
 - i. In need of Raffle Items, if you can get any donations, please let Sarah, Kaitlin or Jena know.
 - f. **SAVE THE DATE! Spin for Alzheimer's** - Cycle class May 21, Time is TBD | CycleBar Easton
 - g. **SAVE THE DATE! BVB Game Day** - June 24th - 5:00 PM



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Communications Updates - 6:50 - 6:55 PM

Brittany Hablitzel

1. "Meet The JC" Survey
 - a. Would like to do Member Spotlights once or twice a month; interview or Q&A with members so that we can post it to the blog, social media sites.
2. Blog Ideas
 - a. Advocacy Forum 2016 - If anyone is interested in sharing their past experiences from the Forum in 2016 or before, through Q&A.
3. Please email [Brittany Hablitzel](mailto:Brittany.Hablitzel@alzcentralohio.org) if you are interested in doing either of the blogs.

Vision/Goal for 2017 - 6:55 - 7:00 PM

Adam Puterbaugh

1. Each member answered "What would you like to see the JC accomplish in 2017?"