

Care Consultation

Care consultations are a **FREE** personalized service addressing the issues that arise from possible Alzheimer's disease or related dementias. Care consultations may be requested by care partners, the individual experiencing memory loss or community professionals.

Coaching and Support

- Create an individualized action checklist to guide caregiving
- Receive ongoing staff support and guidance
- Learn ways to reduce stress on the primary care partner and the family

Health and Care-related Information

- Learn about the causes and treatments of dementia

Coordination of Family and Friends

- Build consensus and involve family and friends to help
- Discuss options in decision-making and planning for the future

Community Services

- Learn how to find, access and arrange for services
- Monitor quality, benefits and need to change services

To request a Care Consultation or refer a patient, call 800.272.3900 or visit our website and submit the Care Consultation referral form. alz.org/centralohio



Proven Impact

Care Consultation is recognized as an evidence-based program. Studies have shown that those who participate in Care Consultation experience:

- * Improved care
- * Less stress
- * Fewer visits to the ER and hospital
- * Delayed nursing home placement

Talk to a Care Consultant about:

- Caregiver education and stress management
- Communication strategies
- Home and driving safety
- Legal and financial issues
- Planning for the future
- Other care-related concerns



Care Consultation is provided **FREE** via phone, in our chapter office or in the home.

Home visits available in Delaware, Union and Franklin counties only, with program support provided by Franklin County Office on Aging, Healthcare Foundation of Delaware County and Union County Senior Services.

For more information: 800.272.3900 or alz.org/centralohio