

Alzheimer's Association Central Ohio Chapter

COLUMBUS: 1379 Dublin Road Columbus, OH 43215 Fax: 614-457-6634

DELAWARE: 39 West Winter Street Delaware, OH 43015 Office: 740-363-1365 Fax: 740-369-8158

Service Area: Delaware, Fairfield, Fayette, Franklin, Hocking, Licking,
Madison, Marion, Morrow, Perry, Pickaway, Pike, Ross, and Union Counties

24/7 HELPLINE: 1-800-272-3900

www.alz.org/centralohio

Programs and Services

- **Advocacy:** Alzheimer advocates play an important role in improving the quality of care and quality of life for people with Alzheimer's disease and their families by working to improve dementia care and services; improve access to community-based care; improve quality care in residential settings; and expand funding for research and public programs serving people with dementia.
- **Helpline:** 24-hours a day, seven days a week, in 140 languages, trained clinical staff respond to all aspects of Alzheimer's disease.
Call the Helpline at 1-800-272-3900.
- **Care Consultations:** Our clinical staff offers help navigating the difficult experiences of Alzheimer's disease and other forms of dementia. We can offer support through our telephone, email or in-person consultations and support. Home visits are often arranged.
- **TrialMatch:** a free service that makes it easy for people with Alzheimer's, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location.
- **Professional Training:** These are training programs geared specifically towards professional care givers and can be delivered onsite at health care facilities and other community based providers.
- **Research:** The Alzheimer's Association has been involved in every major advancement in Alzheimer research since the 1980's and is a leader in the global fight for a world without Alzheimer's. Over the life of our grants program, we have awarded in excess of \$279 million to more than 1,900 projects.
- **MedicAlert + Safe Return:** This is a nationwide program, which provides assistance when a person with dementia wanders and becomes lost. Personal identification products and a 24hour toll free number enables police or concerned citizens to assist lost individuals in their return home.
- **Alzheimer's Early Detection Alliance (AEDA):** An employee wellness program offering information regarding the warning signs of Alzheimer's disease and the benefits of early detection.
- **Speakers Bureau:** Trained members of the speaker's bureau share messages about Alzheimer's disease and dementia and the work of the Alzheimer's Association to help educate our community.
- **Publications:** We provide pamphlets, flyers, leaflets and other literature to help educate people about Alzheimer's disease, other forms of dementia and caregiving. We also have a lending library of books on various topics.

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Programs and Services *continued*

- **Education Programs:** We offer many programs to educate caregivers and healthcare professionals. Currently these include a monthly learn and lunch program and Caregiving 101 and 201 series. We offer caregiver education programs in eleven of our fourteen counties.
- **Early Stage programming: *Journey's*** is a 7 week education and support program designed especially for newly diagnosed individuals and their families. (*Available in Franklin and Delaware counties*)
- **Support Groups:** These groups provide participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations. These groups also include specialized support groups, catered to young onset dementia, frontotemporal dementia, men's breakfast support group, and adult children.
- **Online Resources:** www.alz.org is the preeminent leader of internet based resources and information. Caregivers, persons with dementia, health professionals and the general public turn to alz.org to learn more and get connected.

Social Engagement:

Memories in the Making- A social engagement group for individuals with Early Stage Dementia. Participants will be encouraged to communicate through artwork and enhance their mind and body with exercise.

Day-Out Clubs-Weekly programs feature exercise, community service projects, and cognitive stimulation. (*Available in Delaware and Union counties*)

Sparking Discovery- Ohio History Connection's specially trained volunteers lead monthly group tours of their Fabulous 50's exhibit for those with memory loss and their care partners.

Sparking Imaginations- Columbus Museum of Art offers monthly group tours led by specially trained docents for those with memory loss and their care partners.

Memory Strategies- A partnership with The Ohio State University Department of Speech & Hearing Science, the ICAN program provides strategies for improving functional communication skills to adults with cognitive impairment.

Memory Catchers-Memory Café style program serving the LGBT community.

The Club- Memory Café style program offered during First Friday lectures.

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