

alzheimer's association®

Caregiver Support Groups

Free Support groups for family members, caregivers and friends of people with Alzheimer's disease or related disorders meet regularly and are facilitated by a trained professional and or a family caregiver. These groups provide participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations. **Please call the Support Group facilitator before attending the first time to confirm the meeting time and location.**

Alzheimer's Association, Central Ohio Chapter

1379 Dublin Road, Columbus, Ohio 43215

(800) 272-3900 - www.alz.org/centralohio

All 800# calls answered by Central Ohio Staff M-F: 8:30-5:00 p.m.

SPECIALIZED CAREGIVER SUPPORT GROUPS

| GROUP | DATE/TIME | LOCATION | CONTACT |
|------------------------------------|--|---|---|
| 20's & 30's Social Group | Quarterly *contact leader for Dates/times | Rusty Bucket 1635 West Lane Ave. Columbus 43221 | Marisa Sheldon marisakress@gmail.com |
| Adult Children | 1 st Tuesday 6:00 p.m. | Worthington UMC 600 High Street Worthington 43085 | Marybeth Cartmille 614-563-2917 |
| Early Stage | 3 rd Friday 9:30 a.m. | Franklin County * Registration required, call leader | Katie Gabriel 614-643-2137 |
| | 2 nd Tuesday 10:00 a.m. | Delaware County *Registration required, call leader | Yvonne Fisher 740-363-1365 |
| Young Onset (65 or younger) | 2 nd & 4 th Mondays 6:00 p.m. | *Registration required, call 800-272-3900* | Katie Gabriel 614-643-2137 |
| Men's Breakfast | 2 nd Wednesday 8:30 a.m. | The Bill Keating Men's Group Panera Bread- Clintonville 4519 N. High Street Columbus 43214 | Sherm Everett 614-532-5362 |
| | | | Matt Levering 614-442-2011 |
| Memory Strategies (Early Stage) | Spring/Fall Semester | *Registration required, call 800-272-3900* | Katie Gabriel 614-643-2137 |
| Parkinson's/Lewy Bodies Disease | 3 rd Thursday 10:30 a.m. | Gerlach Center for Senior Health 3724 Olentangy River Rd. Columbus 43214 *Respite Available, call Leader* | Dianne Kennedy 614-875-1054 |

Medically focused support groups are funded through the Senior Options Grant Program. The Worthington Young Onset Group and the Delaware Group at Ashbury United Methodist Church are funded through the Central Ohio Area Agency on Aging. The Council for Older Adults provides funding for the Delaware County Group at Willow Brook at Delaware Run. Union County Senior Services provides funding for the Marysville Group. The Pythian Sisters Fraternal Order of Ohio partially funds the other support groups.

Please note that support groups may be cancelled due to holidays, inclement weather or other unforeseen circumstances. Support groups are cancelled if the school district within which the group resides is closed due to inclement weather. Please call your support group leader or the Alzheimer's Association if you have a question about a group meeting

GENERAL CAREGIVER SUPPORT GROUPS (all groups are dementia specific)

| COUNTY | CITY | DATE/TIME | LOCATION | CONTACT |
|-----------|------------------------|--|---|----------------------------------|
| Delaware | Delaware | 2 nd Tuesday 1:00 p.m. | Asbury UMC 55 W. Lincoln Ave. 43015 | Yvonne Fisher 740-363-1365 |
| Delaware | Delaware | 2 nd Thursday 10:00 a.m. | Willow Brook at Delaware Run 100 Delaware Crossing West 43015 | Heidi Reed 740-201-5640 |
| Fairfield | Lancaster | 2 nd Wednesday 2:00 p.m. | SE Ohio Center for Ind. Living 418 S. Broad St. 43130 *Respite Available, call 740-687-1921* | Sharon Waldo 614-755-4952 |
| Fairfield | Pickerington | 2 nd Saturday 10:00 a.m. | Peace UMC 235 Diley Road 43147 | Linda Wilcox 614-284-5544 |
| Fayette | Washington Court House | 2 nd Tuesday 2:00 p.m. | Fayette Co. Commission on Aging 1179 East Elm Street 43160 | Angie Mellott 740-919-9524 |
| Franklin | Columbus-North | 2 nd Saturday 10:30 a.m. | Wesley Glen 5155 N. High St. 43214 | Lauren Croman 614-888-7492 |
| Franklin | Columbus-North | 2 nd Tuesday 12:30 p.m. | Gillie Senior Recreation Center 2100 Morse Road 43229 | Marty Cameron 800-272-3900 |
| Franklin | Columbus-NW | Every Wednesday 6:30 p.m. | Columbus Alz. Care Center 700 Jasonway Ave. Columbus, OH 43214 | Beverly Couch 614-459-7050 |
| Franklin | Dublin | 1 st Monday 7:00 p.m. | Dublin Recreation Center 5600 Post Rd. 43017 | Heather Mudgett 317-313-4316 |
| Franklin | Grove City | 4 th Tuesday 7:00 p.m. | EL Evans Senior Center 4330 Dudley Ave. 43123 | Paula Taliaferro 614-871-4238 |
| Franklin | Hilliard | 3 rd Friday 9:30 a.m. | Hilliard Senior Center 3810 Veterans Memorial Dr. 43026 | Dee Slee 614-529-4991 |
| Franklin | New Albany | 1 st Tuesday 2:00 p.m. | New Albany UMC, Room 202 20 South Third St. 43054 *Respite Available, call 614-939-0350* | Michelle Crum 800-272-3900 |
| Franklin | Reynoldsburg | 3 rd Friday 10:00 a.m. | Parkside at Wesley Ridge 2225 State Route 256 43068 | Kathy Todd 614-866-7212 |
| Franklin | Upper Arlington | 4 th Thursday 10:00 a.m. | Riverside UMC 2701 Zollinger Rd. 43221 | Ardith Nolte 614-457-1627 |
| Franklin | Westerville | 1st Tuesday 7:00 p.m. | Concord Counseling 700 Brooksedge Blvd. 43081 | Rose Beeson 978-621-4083 |
| Franklin | Worthington | 1st Friday 9:30 a.m. | Worthington UMC 600 High St. 43085 *Respite Available, call Leader* | Chris Goodson 614-459-0477 |

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|----------|----------------|--|---|----------------------------------|
| Hocking | Logan | 3 rd Monday 1:00pm | Scenic Hills Senior Center 178 S. Spring Street *Respite Available, call 740-385-6581 | Marjie Moore 740-385-6581 |
| Licking | Newark | Last Thursday 12:00 p.m. | Kindred Transitional Care and Rehabilitation 75 McMillen Dr. 43055 *Lunch provided* | Beth Mueller 740-403-4463 |
| Madison | London | 1 st Thursday 6:00 p.m. | Madison Senior Living 351 Keny Blvd. 43140 *Respite Available, call Leader* | Pat Baynes 937-269-3605 |
| Madison | West Jefferson | 2 nd Monday 6:30 p.m. | Life in Christ Fellowship 500 Plain City-Georgesville Rd. 43162 | Donna Wharton 740-852-7475 |
| Marion | Marion | 2 nd Wednesday 2-3:30 p.m. | Kingston Residence of Marion 464 James Way, Marion 43302 *Respite Available | Tami Doyle 740-389-2311 |
| Morrow | Marengo | 2 nd Tuesday 12:00 p.m. | Bennington Glen Nursing and Rehab Center 825 Ohio 61 43334 *Respite Available, call Leader* | Chris White 419-253-0144 |
| Perry | New Lexington | 2 nd Wednesday 6:30 p.m. | The First United Methodist Church 126 S. High St., New Lexington 43764 | Heather Mudgett 317-313-4316 |
| Pickaway | Circleville | 2 nd Tuesday 2:00 p.m. | Berger Hospital Medical Building 600 North Pickaway St., Room 101 43113 | Pat Hughey 740-420-8466 |
| Pike | Waverly | 4 th Wednesday 2:00 p.m. | Bristol Village 640 Fifth Ave. 45690 | Rosann Severding 740-947-8973 |
| Ross | Chillicothe | 3 rd Tuesday 4:30 p.m. | Ross County Senior Center 1824 Western Ave. 45601 | Tammy Robertson 740-998-2948 |
| Union | Marysville | Last Thursday 9:00 a.m. | Union County Senior Services, 18000 State Route 4 *Light breakfast provided* | Jean Baldwin 937-597-3905 |